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Celebrating Fathers Everywhere On Sunday, June 18th

The worldwide celebration of Father's Day is made to honor all the fathers who have given strength, support, and love to their children. This informal holiday complements Mother's Day, and is celebrated on the third Sunday of June.

It is also a special day of the year where paternal bonds, fatherhood, and their influence in society are recognized. This special occasion is a way to show gratitude to fathers for all their support and love.



Different countries have different ways to celebrate Father's Day. In Australia, the special day is celebrated on the first day of September instead of the usual third Sunday of June. New Zealand marks the occasion with enthusiasm and charm during the first Sunday of September. In Ireland, Father's Day happens on the third Sunday of June, the same as the date of celebration in several countries. People in South Africa honor their fathers on this occasion, which is celebrated on the third Sunday of June, by presenting their fathers with gifts.

It is remarkable to know that despite being a relatively new holiday, the observance of Father's Day in India has been largely acknowledged. Some cultural societies and schools in the country organize a program for the

occasion in order to inspire children to respect their fathers. On the other hand, the British make the special day memorable by giving handmade gifts to their fathers. In addition, Canada celebrates the occasion on the third Sunday of June by having lots of fanfare. Canadians also use roses to show their gratitude to their fathers.

In the U.S., the occasion is celebrated on the third Sunday of June. Americans reflect on the significant contribution of fathers in shaping the character of their children, as well as to the whole development of the nation. Americans also appreciate their foster fathers, uncles, and stepfathers on this day. The commercialization has a positive side such as raising awareness about the need to motivate children to appreciate their father on this day.

ZENSATIONAL

WELLNESS AT MEDILODGE OF MONROE

zen•sa•tion•al noun /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.



Happy Birthday!

RESIDENT BIRTHDAYS

6/12	Elsie B.
6/15	Hans S.
6/16	Ida B.
6/19	William H.
6/23	Antonia M.

EMPLOYEE BIRTHDAYS

6/01	Brandy Brown
6/08	Felisha Overstreet
6/10	Priscilla Stump
6/12	Janique Hurt
6/12	Debra Underwood
6/25	Debra Longstreet
6/28	Shannon Sweat
6/30	Diana Jarvis

STAFF ANNIVERSARIES

6/03	Vanessa Anderson 4 years
6/07	Lauren VanKlingeren 1 year
6/07	Amber Jenkins 1 year
6/08	Steffany Elmer 21 years
6/16	Robin Margraves 3 years
6/20	Rachel Chambers 1 year
6/23	Shannon Sweat 2 years
6/27	Nikita Bussell 1 year
6/27	Lori Owens 1 year
6/29	Nickie Navarre 5 years

Health & Safety Reminders from MediLodge Family

Hello Residents, Families, Visitors, and Staff!

Thank you for entrusting us with the care of your loved ones! We love having them in our Medilodge Family! I want to encourage everyone to feel free to stop by and see me at any time with any questions, comments, concerns, or suggestions. You do not have to wait for a care conference to bring things to our attention. I want to continue to celebrate our successes and work on any areas of opportunity that may arise.

Safety Reminders

Safety of our lodgers is one of the highest priorities at Medilodge of Monroe. In order to keep our residents safe I wanted to provide a few reminders!

- Personal items cannot be stored on window sills or on over the bed lights.
- Please be sure to sanitize your hands before, during, and after visits with your loved ones. This

not only keeps our lodgers healthy but visitors as well!

- Please be sure to use the main entrance located at the front of the facility when coming to visit your loved ones. We are now requiring visitors to sign in upon entry and sign out before leaving. This is to assist with our emergency preparedness and disaster planning.
 - Please ask for assistance from a staff member when needing to get beverages, food, or linens for your loved ones. We request this for infection control purposes.
 - We are a smoke free facility. If you are taking your loved one out to smoke please be sure to sign them out. Smoking is to occur off of facility property. You may use the front side walk.
- Lodgers may not keep cigarettes or other smoking materials in the facility. This includes electric cigarettes or vapes. Thank you!

**Rachel Chambers,
Administrator**

Walk to End Alzheimer's

Save the date: Saturday September 23, 2017 is the Monroe County Walk to End Alzheimer's in Monroe County. Loranger Square, Downtown Monroe. Registration – 9 a.m. Walk begins at 11 a.m. The Michigan Great Lakes Chapter of the Alzheimer's Association is coordinating the walk. They can be reached at 1-800-272-3900. You can also register online at alz.org/walk. Also join on Facebook: Monroe Walk to End Alzheimer's act.alz.org/monroe2017

A Note from Dietary

With warm weather upon us we are looking forward to finally getting outside to grill as we just recently started our new spring/summer menus. If you have any dietary related concerns or questions please don't hesitate to contact me. Also I hold a food committee meeting monthly where we discuss any issues that anyone might have and plan meals for special holidays or events all residents and family are welcome to attend.

Traci Sebolt – Dietary Manager

Spotlight Employee: Sharon Nolan

June's Spotlight Employee is Sharon Nolan. Sharon has been with MediLodge since December 6, 2016 as a CNA. She has been married for 20 years. She has 2 children - Paige, age 19, who is currently attending Michigan State University and Josh, age 17, who is currently in the 7th grade.

What are your hobbies or interests?

I'm a "gamer". I love my Xbox One. My favorite game is The Elder Scrolls.

If you had to eat one meal, every day, for the rest of your life, what would it be?

French Onion Soup

What's the worst thing you did as a kid?

I popped a boys tire in 2nd grade. Another friend of mine said we should and I followed right along. I feel bad about it to this day.

If you could meet anyone in the world, dead or alive, who would it be? Why?

My Dad. It wouldn't be "meeting" him, but if I could see him and talk to him again, it would be wonderful. I miss him every day!!

Do you have a favorite book line?

"Not all those who wander are lost". – Lord of the Rings.

The Therapeutic Value of Visiting and Activities

Residents in skilled nursing facilities assisted living facilities often feel isolated and excluded. Developing stronger connections between these residents and their community can have tremendous benefits for young and old. Even older adults with serious memory loss or cognitive limitations can still enjoy a visit, even if they don't remember it later. Elementary-aged children, especially those in fourth to seventh grades, often value the opportunity to make a difference in an older person's life. They are eager to help in a nursing home once they become comfortable. They learn how to interact with people different than themselves and they learn responsibility – because the older people depend on them.

While a single visit to a nursing home is a valuable experience for children and will brighten the day for older adults, an ongoing visitation program is most effective. Recreational activities that take residents to events outside of the facility are also important in community integration and reducing the feelings of isolation. The therapeutic value of visitation and external activities cannot be understated. A happy person is more likely to participate in and apply themselves to therapy at a higher level; expediting their recovery and their discharge back to home and family.

**Howard Tanner,
Therapy Director**

Upcoming Events

June 17th Pre-Father's Day Social

June 14th Flag Day

June 21th Summer Begins

June 26th Monthly Birthday Party and regular practice for Senior Olympics

Happy Nurses Week!

Congratulations Leigh Rhodes! Winner of Detroit Tigers Gift Basket!





MEDILODGE OF MONROE

481 Village Green Lane
Monroe, MI 48162
P: 734.242.6282

www.MediLodgeofmonroe.com



www.facebook.com/MediLodge

Your Friendly Staff

- Rachel Chambers *Administrator*
- Shannon Turner *Director of Nursing*
- Kristine Gillenkirk *Admissions*
- Linda McFadden *Activities Manager*
- Nancy Cosby *Social Services*
- Lloyd Boron *Maintenance Director*
- Debbie Pinion *Billing*
- Jennifer Booth *Ward Clerk*
- Mary Ann Kowal *Receptionist*
- Howard Tanner *Therapy Manager*
- Penny Maddison *Nurse Manager*
- Deb Longstreet *Nurse Manager*
- Michelle Ahlers *Nurse Manager*
- Tasneem Burhani *Dietary Clinician*
- Samantha Myers *Human Resources*
- Carrie Bryson *Aft. Shift Coordinator*
- Melissa Davey *Housekeeping/Laundry*
- Felisha Overstreet *Admissions Assistant/
Accounts Payable*

Office Hours

Weekdays 8:00 a.m. – 4:30 p.m.

Front Receptionist Hours

Mon. | Tues. 8:00 a.m. – 6:00 p.m.
 Wed. – Fri. 8:00 a.m. – 7:30 p.m.
 Sat. | Sun. 9:30 a.m. – 5:00 p.m.

Front Door Usage Only!!

Please continue to use the front door only;
and ring door bell after hours.



June – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

N	V	G	I	H	Y	D	R	A	T	E	N	S	T	L
I	I	F	A	T	H	E	R	V	M	H	K	L	X	U
O	F	F	Y	R	M	S	D	A	D	V	R	I	J	H
F	B	E	T	S	Y	R	O	S	S	J	K	M	W	E
S	S	A	O	X	R	F	M	E	M	O	R	Y	K	A
B	K	J	K	P	S	O	L	R	R	X	A	T	D	L
M	R	T	L	S	R	J	Q	I	B	A	F	D	L	T
Y	E	E	P	K	U	O	J	I	P	S	C	L	I	H
O	W	N	A	I	R	M	S	B	D	F	Q	O	A	R
A	Z	A	O	C	C	I	M	T	U	T	L	A	Z	G
C	M	S	U	N	I	N	N	E	A	P	Z	O	S	S
J	E	Y	E	O	X	Q	I	N	R	T	I	Z	P	T
Z	A	R	O	A	I	I	B	C	F	F	E	Z	H	C
Q	H	K	A	G	G	S	X	U	O	E	E	G	L	I
G	L	P	G	R	A	N	D	P	A	N	I	W	I	N

- Word List**
- BETSY ROSS
 - DAD
 - FATHER
 - FLAG
 - FLIP FLOP
 - GRANDPA
 - HEALTH
 - HYDRATE
 - MEMORY
 - MEN
 - PICNIC
 - PROSTATE
 - SUMMER
 - SUN
 - YOGA