



MEDILODGE OF
MONROE

NEWSLETTER

481 Village Green Lane, Monroe, MI 48162 • P: 734.242.6282 • www.MediLodgeofmonroe.com • March 2018



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ZENSATIONAL

WELLNESS AT MEDILODGE OF MONROE

zen•sa•tion•al noun /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

Letter from Social Services

Hello Residents, Families, Visitors, and Staff!

As we all can imagine discharging home can be busy; sign the paperwork, get the medications, pack up your loved one, etc. With that being said, please keep in mind that personal items are frequently left behind. Double check that you have everything: look in the closet, all drawers, bathroom, under them bed and dresser. This will keep you from having to come back to retrieve those items.

In addition, even if you are planning on doing your loved ones laundry, be sure that every item is labeled with their full name. If you need to, our laundry facility has a labeler and can label those clothing items for you. When you are bringing in items please be sure they are added to the inventory list by asking an aide or nurse to do so. This holds true for when you are taking items home permanently.

If by chance you do leave something behind, you will be contacted to pick it up. Items will only be held for a short period of time before being discarded.

Thank you in advance,

Nancy Cosby, Social Services

Letter from the Nursing Department

We have almost made it through the "Flu Season" please help us continue to keep your loved ones healthy. If you are not feeling well please rest and stay at home. We want you to get better and prevent the spread of infection. Please feel free to call your loved one here at the facility and talk to them or get an update from the nurses if you are unable to stop in. With Spring approaching help us start to spring clean. If there are any items you are taking home please update your loved one's room inventory. We are looking forward to warmer weather and some fun activities!!!

Thank you,

Shannon Turner, RN, Director of Nursing

Happy Birthday!

RESIDENT BIRTHDAYS

Eddie V.	3/03
Rosemary B.	3/03
Gary I.	3/04
Fred S.	3/09
Jeff B.	3/12
Theo J.	3/18
Carole E.	3/20
Mary T.	3/26
Josephine G.	3/30
Patricia N.	3/31

EMPLOYEE BIRTHDAYS

Teresa Campbell	3/04
Tammy Worley	3/07
Jackie McManus	3/07
Lauren VanKlingeren	3/09
Robert Navarre	3/11
Lori Owens	3/13
Sharon Nolan	3/21
Stephanie Wandt	3/21
Penny Madison	3/23
Alexis Reynolds	3/24
Ellen McKeever	3/28
Teffanie Kazimer	3/30
Jen Booth	3/31

STAFF ANNIVERSARIES

Robert Navarre	3/07 1 year
Bailey Barnhart	3/21 1 year
Tateyana Davis	3/21 1 year
Makayla Eastes	3/21 1 year
Deb Longstreet	3/21 2 years
Holly Smith	3/24 4 years
Whitney Miles	3/24 4 years
Lloyd Boron	3/27 29 years
Jen Booth	3/28 17 years

Long-Term Care Administrators Week

**LTC Administrators Week:
March 11-17, 2018!**

The administrator of a long-term care facility has many roles. Their primary duty is to oversee the day-to-day operations of the facility, which can include:

Supervising Resident Care

The administrator works closely with the Director of Nursing and the nursing/clinical staff to ensure all medical needs are being met.

Staffing/Recruitment/Training – The administrator can play a role in helping hire and train facility employees, especially those in management positions.

Financial Management – All revenue and expenses are usually reviewed and approved by the administrator and the business office manager. The administrator can also help advise on payroll, accounts receivable, accounts payable, and reimbursement.

Compliance – The administrator must ensure the facility's compliance with all government rules and regulations.

Marketing – In conjunction with the Admissions/Marketing Director, the administrator can assist with marketing and sales initiatives to interested families, area hospitals, and the local community.

If you get a chance to speak with our administrator or administrative staff during this week, please wish them a happy LTC Administrators Week!



NATIONAL DOCTOR'S DAY

National Doctors' Day is Friday, March 30 – a day we celebrate the contributions of our physicians. The United States Congress designated Doctors' Day as a national holiday with a resolution passed on October 30, 1990.

Physicians play an important role in post-acute and long-term care. The American Medical Directors Association (AMDA) formed The Society for Post-Acute and Long-Term Care Medicine in 2014, which is the only medical specialty society representing the community of over 50,000 medical directors, physicians, nurse practitioners, physician assistants, and other practitioners working in the various post-acute and long-term care (PA/LTC) settings. The Society's 5,500

members work in skilled nursing facilities, long-term care and assisted living communities, CCRCs, home care, hospice, PACE programs, and other settings.

The Society has two affiliate organizations. The American Board of Post-Acute and Long-Term Care Medicine runs a certification program for medical directors in PA/LTC, credentialing Certified Medical Directors (CMDs). The Foundation for Post-Acute and Long-Term Care Medicine oversees awards, community outreach, education, and research with the mission to advance the quality of life for persons in PA/LTC through inspiring, educating, and recognizing future and current health care professionals.

Information taken from paltc.org.

Friendly Reminder

No TV's can be one the night stands or over bed tables.
If you need help with placement please see Social Work.

St. Patrick's Day Celebrations

In recent years, the St. Patrick's Day celebrations in Dublin, Ireland have extended to a week-long event called St. Patrick's Festival, encompassing a spectacular fireworks display, open-air music, street theater and the traditional parade. Over one million people annually attend.

As a part of the celebration, many attendees wear shamrocks on their lapels or caps on St. Patrick's Day, while children wear tricolored (green, white and orange) badges. Girls traditionally wear green ribbons in their hair.

A three-leafed shamrock clover was used by St. Patrick to represent the Christian trinity: Father, Son and Holy Spirit. Shamrocks were considered lucky by the Irish. The shamrock was used by the Irish as a mark of nationalism when the English invaded the Celts. Leprechauns or Irish fairy people are also associated with St. Patrick's festival. In Irish mythology, a leprechaun is a type of elf said to inhabit the island of Ireland.

St. Patrick's Day is celebrated worldwide by the Irish and those of Irish descent. A major parade takes place in Dublin and in most other Irish towns and villages. The three largest parades of recent years have been held in Dublin, New York and Birmingham, England. Parades also take place in other centers, London, Paris, Rome, Moscow, Beijing, Hong Kong, Singapore and throughout the Americas.

In the United States, the Chicago River is dyed green for St. Patrick's Day. Established in Boston in 1737, it is essentially a time to put on a "Kiss Me I'm Irish" button and parade through the streets singing "Danny Boy" in celebration of one's real or imagined Irish ancestry.

The legends revolving around St. Patrick have been inseparably combined with the facts. The day invariably evokes the "I am Irish" sentiments along with celebrating St. Patrick for his services towards Ireland. Together they have helped us know much about the saint and the spirit behind celebration of the day.

Upcoming Events

- ♦ **The Month of March is** Employee Spirit Month, Irish American Heritage Month, Noodles Month, Professional Social Work Month, and Spiritual Awareness Month
- ♦ **March 9th** Birthday Party for Barbie
- ♦ **March 11th** Daylight Saving time
- ♦ **March 17th** St. Patrick's Day Social at 2:30
- ♦ **March 23rd** Euchre Tournament with giveaways & snacks. If family and friends are interested please see Activity Department by March 12th.

Women's History Month

March is Women's History Month, which began as International Women's Day and then Women's History Week.

Women's History Week was first celebrated in 1978 in Sonoma County, California, which was designed around March 8 (International Women's Day). In February 1980, President Jimmy Carter issued a presidential proclamation declaring the week of March 8, 1980, as National Women's History Week. By 1986, 14 states had declared March as Women's History Month.

In 1987, Congress designated the month of March as Women's History Month. Since then, every U.S. president has issued annual proclamations designating the month of March as Women's History Month.





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Your Friendly Staff

Rachel Chambers	Administrator
Shannon Turner	Director of Nursing
Jackie McManus	Admissions Director
Linda McFadden	Activities Manager
Nancy Cosby	Social Services
Lloyd Boron	Maintenance Director
Eric Morgan	Staff Developer
Debbie Pinion	Billing
Jennifer Booth	Ward Clerk
Mary Ann Kowal	Receptionist
Brooks Spadlin	Therapy Manager
Penny Maddison	Nurse Manager
Deb Longstreet	Nurse Manager
April Walker	Nurse Manager
Tasneem Burhani	Dietary Clinician
Samantha Myers	Human Resources
Carrie Bryson	Aft. Shift Coordinator
Melissa Davey	Housekeeping/Laundry
Felisha Overstreet	Admissions Assistant/ Accounts Payable

Office Hours

Weekdays 8:00 a.m. – 4:30 p.m.

Front Receptionist Hours

Monday 8:00 a.m. – 7:00 p.m.
Tues. & Wed. 8:00 a.m. – 6:00 p.m.
Thur. & Fri. 8:00 a.m. – 7:00 p.m.

Front Door Usage Only!!

Please continue to use the front door only;
and ring door bell after hours.



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March – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

A	D	M	I	N	I	S	T	R	A	T	O	R	W	M
O	F	R	U	I	T	S	F	V	L	H	S	I	S	W
E	N	V	I	R	I	S	H	E	P	I	P	W	M	I
J	U	W	P	P	L	S	W	G	O	S	R	Y	I	P
O	T	G	U	P	R	H	K	E	Y	T	I	J	Z	I
G	R	P	L	H	X	A	D	T	E	O	N	C	D	J
R	I	J	M	R	C	M	U	A	M	R	G	L	Q	C
E	T	Z	O	J	T	R	A	B	Z	Y	V	E	F	X
E	I	A	N	Y	C	O	N	L	O	S	C	A	R	S
N	O	P	A	U	X	C	J	E	M	E	L	N	O	N
I	N	F	R	Y	Q	K	Y	S	V	U	Y	I	E	L
V	E	Y	Y	R	I	V	A	L	U	L	S	M	A	V
L	E	P	R	E	C	H	A	U	N	M	O	H	T	B
M	N	O	N	Y	N	O	Q	O	W	W	F	L	K	U
F	X	C	K	R	D	O	C	T	O	R	S	O	N	L

Word List

ADMINISTRATOR
CLEAN
DOCTORS
FRUITS
GREEN
HISTORY
IRISH
LEPRECHAUN
NUTRITION
OSCARS
PULMONARY
SHAMROCK
SPRING
VEGETABLES
WOMEN