



Friendly Reminder

Reminder when visiting loved ones. You may have noticed when visiting, that we are asking all visitors to sign in. We would like to keep track of who is coming in and out of our building to visit your loved ones, and also to monitor the vendors that sometimes come in. We appreciate your understanding and cooperation with this.

Resident of the Month: Ruth G.



Ruth G. Was born 11/02/1927 to the parents of Benjamin & Sarah Laprad Leonard here in Monroe Michigan. Ruth was raised by hard working farming parents who instilled a great work ethic in Ruth that when she got big enough, she also helped with the farming chores...

Ruth married Orval Lee Garrett on her 19th Birthday. About a year into their marriage Ruth & Orval began their family. Ruth & Orval raised 4 children. Ruth began working at Wiesel's Drug Store here in Monroe Michigan. Ruth & Orval traveled to many places because of his employment & Ruth worked in many Drug Stores from here to Arizona. Ruth Philosophy is to always look back at the good time and good Memories when feeling down.

ZENSATIONAL

WELLNESS AT MEDILODGE OF MONROE

zen+sa+tion+al noun /zen'sāSH^ənl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

Upcoming Events

June is the Month for Men's Health, National Safety Month, Acne Awareness Month, LGBTQ Pride Month, National Adopt a cat Month and Candy Month

This Month we will begin practicing for **Senior Olympics**

The Veteran Social is every 4th Friday of the Month @ 10:00 am

Month Birthday Party June 27th @ 2:30

Don't forget every Wednesday the Activity Department are doing Nails in the Beauty Shop @ 1:15 pm

June 6th Entertainment from manor School Chore @ 2:15

June 15th Pre-Father's Day Social @ 2:30

Follow Us on Facebook – Make sure to check us out on Facebook and follow us there at Medilodge of Monroe. We are posting events and fun things that are going on in the building. Also you can check us out on our website at Medilodgeofmonroe.com a new feature is that you can send your loves ones here in our building an Ecard. It's a fun and new way to let them know you are thinking of them.

Happy Birthday!

RESIDENT BIRTHDAYS

Jeanette M.	6/13
Hans S.	6/15
Ida B.	6/16
William H.	6/19
Antonia M.	6/23
Robert J.	6/27

EMPLOYEE BIRTHDAYS

6/1	Brandy Brown
6/5	Brianna Pipkin
6/6	Kahlia Williams
6/8	Felisha Overstreet
6/9	Alexa Bagley
6/19	Kelli Huff
6/25	Debra Longstreet

STAFF ANNIVERSARIES

Morgan Mayes	6/6 1 year
Steffany Elmer	6/8 23 years
Denise Parrish	6/13 2 years
Rachel Chambers	6/20 3 years
Ashley Davis	6/21 8 Years
Lori Owens	6/27 3 years
Nickie Navarre	6/29 7 years

Employee of the Month

Michelle Collino, RN

"I was hired in August 28, 1995 and I have worked here for over 23 years. I started on the midnight shift and currently help when needed. I like helping people and it's good to see them get better and go home. In my spare time I like to travel. I love movies and bowling."

Michelle has a great attendance record and is always on time with her charting. Please take a minute to tell her thank you!

June 13-19 + National Nursing Assistants Week

Nursing Assistants have a rewarding profession; they can help patients and residents improve quality of life! Whether you are recovering from a hospital stay or living in a nursing facility nursing assistants are there to make a difference!

Nursing Assistants report vital signs, check on patients, help set up medical equipment, and transfer patients as necessary. They also help with daily tasks such as bathing, eating, and dressing patients.

The duties of a nursing assistant require dedication and a sincere desire to help others. It is important to recognize the time and effort nursing assistants put into their job.

To show your appreciation for a nursing assistant in your life, consider giving a thank you note or a letter. A simple gift such as candy, flowers, or a gift card can be a thoughtful gesture that shows that you care.



National Safety Month: Medication Safety

Medication errors can occur in a medical center, senior living facility, or at home. Hospitals, pharmacies, and facilities have checks in place to minimize medication errors. When getting a refill or a new prescription, be sure to verify:

- **Your name is on the bottle.**
- **The name of the doctor.**
- **The name of the medication, since there are lots of look-alike/sound-alike drug names.**
- **The dose; a dose for a child is different than for an adult.**
- **The route; for example, eye drops prescribed for the eyes and not the ear.**
- **The expiration date (Expired medicine should be thrown out.)**

Medications need to be organized. It is important that you have a system so that you know when to take each medicine. One example would be a pill storage container with individual slots. These can be organized by week, Monday-Friday, or have days broken down into AM and PM slots. By having a system, you can help prevent missing your medication.

Medication safety is not limited to the patient. It is important to store medications in places where children can't reach them. After taking the medicine, make sure the child-lock is secure. It is important to be smart about your medication so that you and those around you stay safe.



Safety Reminder

On behalf of the management team here at Medilodge of Monroe we want to inform our friends and families that we will no longer share the code to the front door of our building. Our doors are unlocked Monday-Friday from 8am until 7pm. And on the weekends from 9:30am until 5pm. If you would like to be let in after those hours please ring the doorbell or call the building at 734-242-6282. We want to insure the safety of your loved one at all times. Thank you for your understanding of our decision.

For the Month of June

June 1st National Donut Day

June 2nd National Rocky Road Day

June 4th National Cheese Day

June 5th World Environment Day

June 7th National Chocolate Ice Cream Day

June 8th World Oceans Day

June 8th National Best Friend Day

June 9th Donald Duck Day

June 10th Iced Tea day

June 13th National Weed Your Garden Day

June 13th – 16th U.S. Open PGA

June 14th Flag Day

June 16th Father's Day

June 16th World Juggle's Day

June 21st First Day of Summer

June 21st National Selfie Day

June 22nd National Take a Dog to Work Day

June 29th Camera Day

June 30th Social Media day and Stanley Cup Finals

June 30th NBA Finals

Nail Care

Resident nail care is offered every Wednesday by Activity dept. from 100 pm until 230 pm in the main dining hall.



MEDILODGE OF MONROE

481 Village Green Lane
Monroe, MI 48162
P: 734.242.6282

www.MediLodgeofmonroe.com



www.facebook.com/MediLodge

Your Friendly Staff

- Rachel Chambers *Administrator*
- Jamie Harvey *Director of Nursing*
- Jackie McManus *Admissions Director*
- Linda McFadden *Activities Manager*
- Nancy Cosby *Social Services*
- Anne Wehner *Social Services*
- Lloyd Boron *Maintenance Director*
- Chelsey Westfall *Staff Developer*
- Debbie Pinion *Billing*
- Jennifer Booth *Ward Clerk*
- Stephanie Duvall *MDS Coordinators*
- Jen LaVoy *MDS Coordinators*
- Jen Gramza *Therapy Manager*
- Penny Maddison *Nurse Manager*
- Deb Longstreet *Nurse Manager*
- Nickie Navarre *Nurse Manager*
- Tasneem Burhani *Dietary Clinician*
- Kelli Huff *Human Resources*
- Carrie Bryson *Aft. Shift Coordinator*
- Chardai Williams *Housekeeping Manager*
- Felisha Overstreet *Admissions Assistant/
Accounts Payable*

Office Hours

Weekdays 8:00 a.m. – 4:30 p.m.

Front Receptionist Hours

Monday 8:00 a.m. – 7:00 p.m.
 Tues. & Wed. 8:00 a.m. – 6:00 p.m.
 Thur. & Fri. 8:00 a.m. – 7:00 p.m.

Front Door Usage Only!!

*Please continue to use the front door only;
and ring door bell after hours.*



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June – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



Word List

- BRAIN
- CNA
- ERROR
- FATHER
- GLANDS
- GRANDPA
- JOKE
- MEN
- PRESCRIPTION
- PUZZLE
- SAFETY
- SUN
- TAI CHI
- WATER
- WISDOM