



MEDILODGE OF MONROE

A Rehabilitation & Wellness Center

Recover. Rejuvenate. Revitalize. Return Home.



Rehabilitation **Therapies**

Physical

Occupational

Speech



Physical Therapy

Physical Therapy restores function for individuals who have experienced neuromuscular or skeletal dysfunction. Individualized therapeutic treatment may include:

- Training in mobility, gait stability, posture, and positioning
- Exercise programs to increase muscle function, coordination, and endurance
- Joint and soft tissue mobilization to increase the range of motion
- Wound care
- Pain management
- Electrical stimulation, diathermy, and ultrasound for pain & mobility
- Vestibular exercises



Speech Therapy

Speech Therapy addresses communication and swallowing dysfunction. Treatment plans are designed for individual needs and may include the following:

- Recovery of speech, language, and memory skills
- Verbal and non-verbal communication, including programs for the hearing impaired
- Oral muscle functioning and strength required for speaking and swallowing
- Appropriate diet recommendations
- Oral stimulation
- Cognitive training for a safe return home



Occupational Therapy

Occupational Therapy assists individuals with adapting to their social and physical environment. Our therapists enhance patient functionality through:

- Education and training in areas such as dressing, bathing, eating, and grooming
- Activities for memory, orientation, and cognitive integration
- Adaptive techniques or equipment to overcome physical disabilities
- Strengthening and coordination exercises
- Exercises to reduce the effects of arthritis or other conditions to maintain normal joint movement
- Fine motor and coordination activities



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Monroe, MI 48162



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www.MediLodgeofMonroe.com

Helping Our Patients Get Back to Active Living!

MediLodge of Monroe helps patients of all ages achieve maximum independence. Patients make appropriate recoveries through occupational, physical, and/or speech therapies.

Therapy treatments are offered throughout the week by licensed professional therapists in our well-equipped rehabilitation center.

Our dedicated team develops comprehensive, individualized care plans to maximize patients' physical, social, and emotional independence safely and quickly.

Learn how we are able to help you, a relative, or a friend get back to active living.



TO FIND OUT MORE

Please Visit

www.MediLodgeofMonroe.com

OR



CALL OUR ADMISSIONS TEAM AT:

734.242.6282